

Food

Themis avoids buying food with a lot of packaging.

Transport

Helen avoids using the carlanos usually goes to his football training by bicycle. John doesn't always go to school by car.

When Vangelis H meets his friends, he goes on foot or rides his bike. Christine usually goes to her English lesson on foot.

Goods and services

Zoe, Jim, Alice and Efthiimis recycle plastic Chrysa sometimes buys things made from recycled materials

George St and Alice don't use plastic straws.

Housing

Jim always turns off the lights when he leaves the room.



Food

Transport

Jim usually goes to the gym on foot.
Alex usually goes to the park on his bike.

Zahos goes to school on a motorbike and Nikiforos and Achilleas take the bus. Bill walks to school every morning.

Goods and services

Zoe and Tania usually recycle plastic.
Prokopis recycles packages.

John shares his ride to school with Veroniki.

Housing

Tania avoid throwing away food

When John B and Chris brush their teeth, they turn off the tap. When Elisabeth, George and Pan leave a room, they always turn off the lights.

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