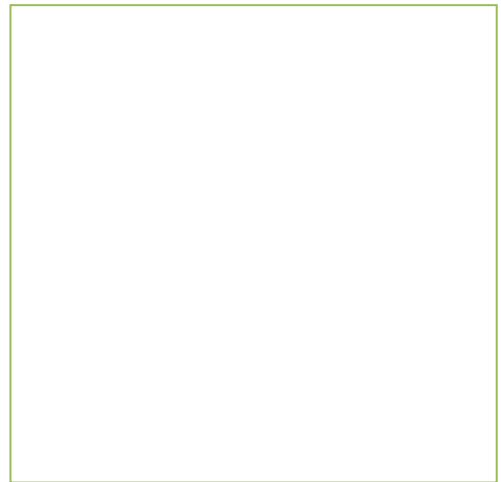


ΠΟΤΕ ΠΛΕΝΟΥΜΕ ΤΑ ΧΕΡΙΑ ΜΑΣ;

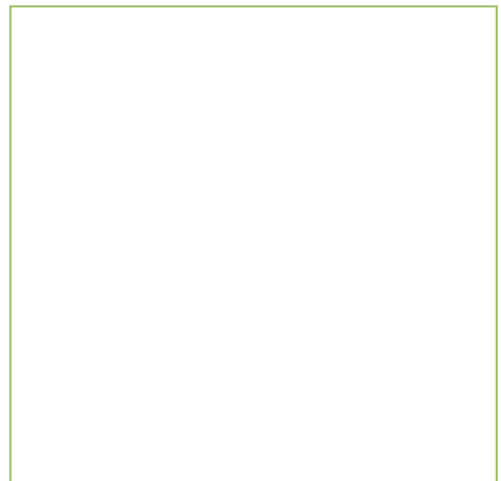
Διαβάζουμε προσεκτικά τις συνθήκες κάτω από τις οποίες χρειάζεται να πλύνουμε τα χέρια μας. Παρατηρούμε τις εικόνες και δίπλα από κάθε εικόνα ζωγραφίζω μία δική μου ή βρίσκω όμοια εικόνα από περιοδικό ή από τον ιντερνετ και την κολλάω! Προσέχω η κάθε εικόνα που θα κολλήσω να είναι αντίστοιχη της συνθήκης πλυσίματος χεριών που έχω διαβάσει!!!

Τα χέρια μας τα πλένουμε:

- όταν γυρίζουμε σπίτι



- πριν το φαγητό ή πριν το μαγείρεμα



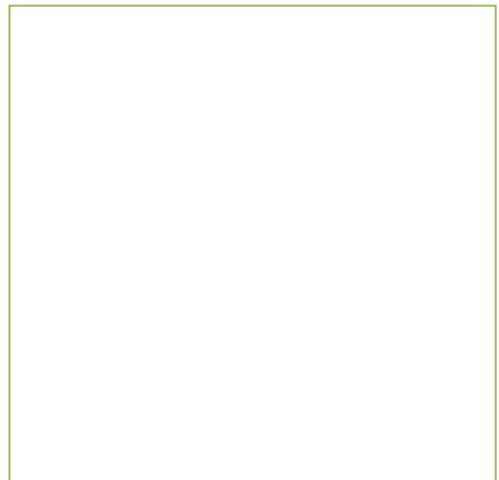
- όταν πηγαίνω τουαλέτα



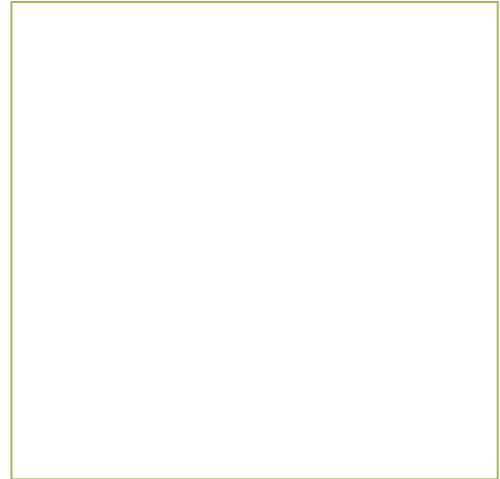
- όταν βήχουμε ή φτερνιζόμαστε



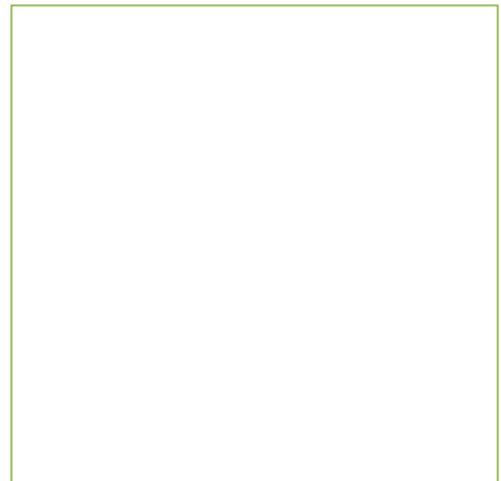
- όταν χαϊδεύουμε ζώακια



- μετά από παιχνίδι



- όταν βλέπω ή νιώθω ότι είναι λερωμένα



ΣΤΑΜΑΤΙΝΑ ΜΑΡΚΟΥ

ΣΧΟΛΙΚΗ ΝΟΣΗΛΕΥΤΡΙΑ-ΕΠΙΣΚΕΠΤΡΙΑ ΥΓΕΙΑΣ

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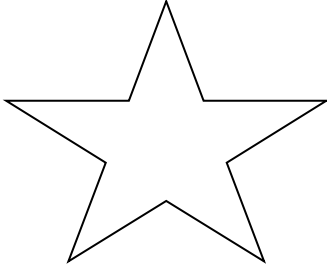
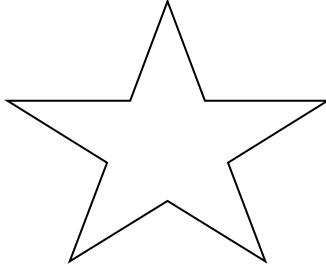
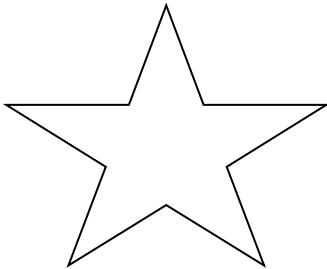
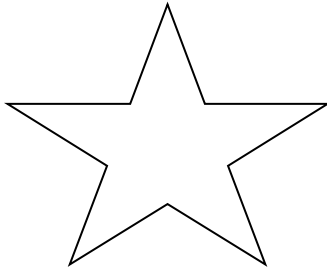
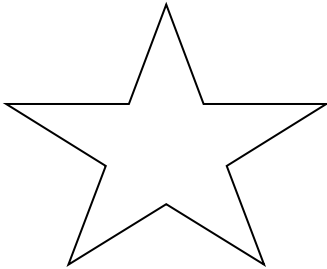
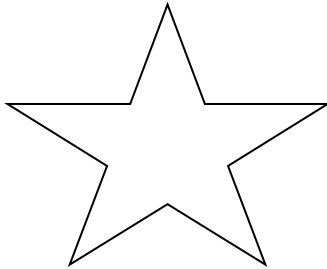
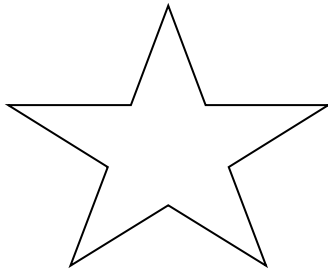
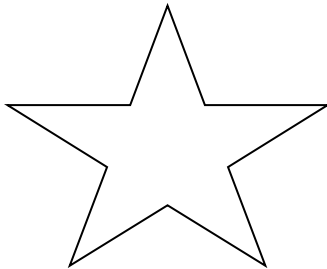
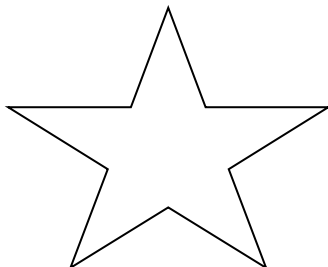
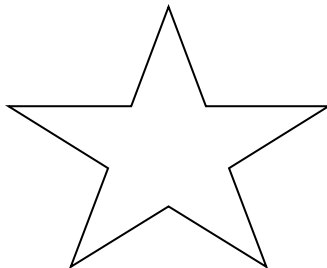
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ΠΙΝΑΚΑΣ ΕΠΙΒΡΑΒΕΥΣΗΣ ΠΛΥΣΙΜΑΤΟΣ ΧΕΡΙΩΝ

Κάθε φορά που πλένω σωστά κι όταν πρέπει τα χέρια μου ζωγραφίζω ένα αστεράκι. Όταν καταφέρω να τα ζωγραφίσω όλα θα έχω μια έκπληξη!!! 

ΣΤΑΜΑΤΙΝΑ ΜΑΡΚΟΥ ΣΧΟΛΙΚΗ ΝΟΣΗΛΕΥΤΡΙΑ/ ΕΠΙΣΚΕΠΤΡΙΑ ΥΓΕΙΑΣ